

## Rite of Eucharistic Exposition and Benediction

### EXPOSITION

When the celebrant (priest or deacon) goes to the tabernacle and opens it, all kneel. Once the celebrant has reached the front of the altar and kneels, O Saving Victim is sung by all.

O Saving Victim, opening wide  
The gate of heaven to man below:  
Our foes press hard on every side;  
Thine aid supply, thy strength bestow.

All praise and thanks to thee ascend  
For evermore, blest One in Three:  
O grant us life that shall not end,  
In our true native land with thee. Amen.

O saving Victim, open wide  
The gate of heaven to us below.  
Our foes press on from every side;  
Your aid supply, your strength bestow

To your great name be endless praise,  
Immortal Godhead, One in Three;  
O grant us endless length of days  
In our true native land with thee. Amen.

### ADORATION

During this period there may be appropriate prayers, songs, readings from scripture, and a brief homily to help the congregation focus its attention to the worship of the Lord. It is important to remember that the Eucharist is the "Real Presence" of Jesus Christ. You may kneel or be seated for your private portion of adoration/devotion.

### BENEDICTION

After a period of meditation and reflection the celebrant goes to the altar, genuflects, and kneels. All kneel and join in singing the Tantum Ergo.

Therefore we, before him bending,  
This great sacrament revere;  
Types and shadows have their ending,  
For the newer rite is here;  
Faith, our outward sense befriending,  
Makes the inward vision clear.

Glory let us give, and blessing  
To the Father, and the Son,  
Honour, might, and praise addressing,  
While eternal ages run;  
Ever too his love confessing,  
Who, from both, with both is one. Amen.

Down in adoration falling,  
This great Sacrament we hail;  
Over ancient forms of worship  
Newer rites of grace prevail;  
Faith will tell us Christ is present,  
When our human senses fail.

To the everlasting Father,  
And the Son who made us free,  
And the Spirit, God proceeding  
From them Each eternally,  
Be salvation, honour, blessing,  
Might and endless majesty. Amen.

All remain kneeling when the celebrant stands and says

**Priest/Deacon:** You have given them Bread from heaven. (P.T. Alleluia.)

**ALL:** Having all sweetness within it. (P.T. Alleluia.)

**Priest/Deacon:** Let us pray.

O God, who in this wonderful Sacrament  
have left us a memorial of your Passion,  
grant us, we pray,  
so to revere the sacred mysteries of your Body and Blood  
that we may always experience in ourselves the fruits of your redemption.  
Who live and reign with God the Father  
in the unity of the Holy Spirit,  
one God, for ever and ever.

**ALL:** Amen.

The celebrant will then bless all present with the Eucharist.

After the celebrant has blessed everyone and replaced the monstrance, the celebrant comes back in front of the altar, kneels, and leads everyone in the Divine Praises.

Blessed be God.  
Blessed be his holy name.  
Blessed be Jesus Christ, true God and true man.  
Blessed be the name of Jesus.  
Blessed be his most Sacred Heart.  
Blessed be his most Precious Blood.  
Blessed be Jesus in the most holy sacrament of the altar.  
Blessed be the Holy Spirit, the Paraclete.  
Blessed be the great Mother of God, Mary most holy.  
Blessed be St. Joseph, her most chaste spouse.  
Blessed be God in his angels and in his saints.

#### REPOSITION

After the Divine Praises, the Blessed Sacrament is replaced in the tabernacle, during which all may sing.

**Ant.** Let us adore for ever \*  
the most holy sacrament.

O praise the Lord, all ye heathen:  
Praise him, all ye nations.  
For his merciful kindness  
is ever more and more towards us:  
And the truth of the Lord endureth for ever.  
Praise the Lord.

Glory be to the Father, and to the Son,  
and to the Holy Ghost:  
As it was in the beginning,  
is now, and ever shall be:  
World without end. Amen.

Holy God, we praise thy name;  
Lord of all, we bow before thee;  
All on earth thy sceptre claim;  
All in heaven above adore thee.  
Infinite thy vast domain,  
Everlasting is thy reign!  
Hark, the loud celestial hymn;  
Angel choirs above are raising;  
Cherubim and Seraphim,  
In unceasing chorus praising,  
Fill the heavens with sweet accord:  
"Holy, holy, holy, Lord!"

**Ant.** Let us adore for ever  
the most holy sacrament.

Having replaced the Blessed Sacrament in the tabernacle and genuflected, the celebrant departs.